

## SPECIAL REPORT

# INTRODUCTION OF THE MAGNIFICENT GOLF TECHNIQUE™

**T**he MAGNIFICENT GOLF TECHNIQUE™ requires the sole of the clubface to be grounded in the middle of the stance during the proceedings.

It also requires the sole of the clubface to be pulled (slid) in toward the body by at least two lengths of the clubface between the time the left and right hands are gripped on a club.

When the clubface is pulled (slid) in toward the body in such manner after the left hand but before the right hand is gripped on a club, the clubface will rotate fully clockwise. As a result, the left forearm will rotate the left elbow to a parallel alignment with the shoulders.

Copyright © 2009, by Gordon Jackson. All Rights Reserved. This is one of 30 Special Reports contained in the Straight-As-An-Arrow Techniques Collection and featured in [www.lockedingolf.com](http://www.lockedingolf.com).

**The author, publisher and distributor disclaim responsibility for any adverse effects or consequences from the misapplication or injudicious use of the information contained in this Special Report**

The MAGNIFICENT GOLF TECHNIQUE™ requires only a single-locking of the lifeline/thumb connection. This single locking occurs when the lifeline of the right hand is locked squarely and securely on the left thumb to complete the grip.

### **How to Assemble the Magnificent Golf Technique™**

---

*First*, the clubface should be grounded in the middle of the stance throughout the proceedings to assemble the MAGNIFICENT GOLF TECHNIQUE™. It may be grounded directly behind the ball or, in the near vicinity of the ball and once the proceedings are completed then transferred and centered directly behind the ball.

*Second*, the left hand must be gripped on the club in a conventional (diagonal) manner. The clubface should not be allowed to rotate during the gripping maneuver.

*Third*, all body parts must be stabilized except the left arm and hand. The clubface must be pulled (slid) in toward the body by at least the length of two clubfaces with the left arm and hand.

The shoulders and knees must be stabilized when the clubface is pulled (slid) in toward the body by at least the length of two clubfaces. If the shoulders and/or knees are active

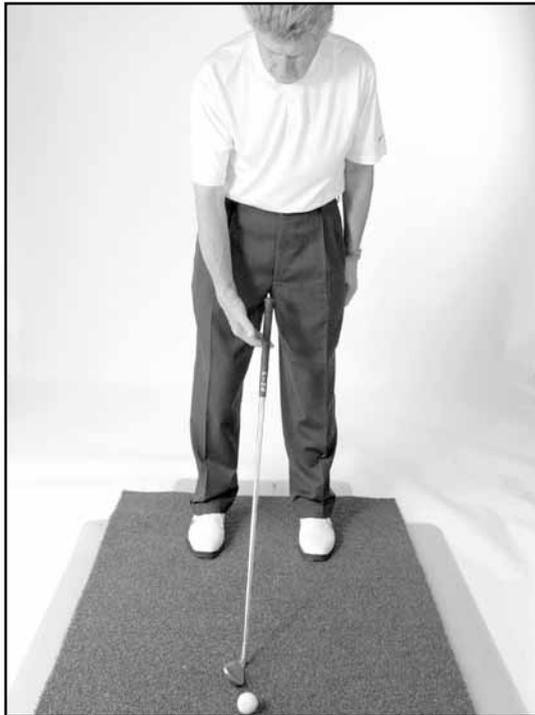
during this maneuver, the elbows will not rotate to a parallel alignment with the shoulders to create an on-line swing path nor will the wrists and clubface rotate to a square alignment at the completion of the proceedings.

*Fourth*, the right hand then must be gripped on the club either in the form of an original Vardon overlap, modified Vardon overlap, traditional interlock or regular baseball (ten-fingers) style of grip. The grip must be completed by locking the lifeline of the right hand squarely and securely on the left thumb. At this point, a straight-as-an-arrow ball flight alignment should be established and locked-in.

As mentioned previously, the MAGNIFICENT GOLF TECHNIQUE™ requires only a single locking of the lifeline/thumb connection. It occurs when the lifeline of the right hand is locked on the left thumb to complete the grip. The lifeline/thumb connection may not be unlocked and relocked once the grip is completed. (Figure 1-1).

Once the grip is completed, the arms and the clubface should be returned to their original positions.

*Fifth*, the SHOULDERS ONLY TEST™ must be conducted at the completion of the proceedings. If there is any counterclockwise rotation of the clubface when the test is conducted, the grip should be disassembled and

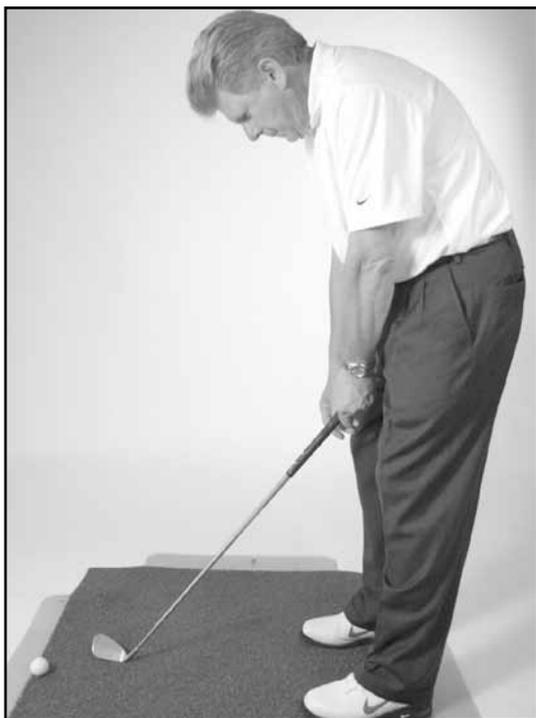


**Figure 1-1**

**STEP 1:** The first essential step to assemble the MAGNIFICENT GOLF TECHNIQUE™ is to ground the sole of the clubface in the middle of the stance.



**STEP 2:** The next step is to form a conventional (diagonal) style of grip on the club with the left hand.



**STEP 3:** Then pull the club evenly in toward the body and, allow the clubface correspondingly to slide on the surface in toward the body by at least two lengths of the clubface. Note: The right hand must not be gripped on the club during Step 3.



**STEP 4:** Hold the left hand and clubface in the same positions and then grip the right hand on the club in a conventional manner and lock the lifeline of the right hand on the left thumb to complete the grip. (The hands then may push the club and clubface back to their original positions.)

the procedure repeated until a straight-as-an-arrow ball flight alignment is confirmed as established and locked-in.

### **The Shoulders Only Test™**

---

The SHOULDERS ONLY TEST™ is easy and simple to conduct.

It requires the sole (leading edge) of the clubface to be grounded throughout the procedure. It first requires your legs to be straightened to the maximum extent possible and your knee joints to be locked – and remain locked. It then requires your arms, wrists, hands and knees to be relaxed and remain passive as you raise your shoulders upward very, very slowly. If your clubface rotates counterclockwise when you raise your shoulders upward very slowly, it will indicate your wrists and clubface have not rotated to a square alignment nor have your elbows rotated to an on-line swing path to establish a straight-as-an-arrow ball flight alignment.

However, if the sole of your clubface slides freely on the surface in your direction when you keep your arms, wrists hands and knees relaxed and your clubface grounded as you raise your shoulders upward very slowly, it will indicate your forearms have rotated your wrists and clubface to a square alignment and your elbows to an on-line swing path to establish a straight-as-an-arrow ball flight alignment.

### **Why the Magnificent Golf Technique™ Works**

---

When the clubface is pulled (slid) in toward the body and away from the target line by at least the length of two clubfaces after the left hand but before the right hand is gripped on a club, the left elbow will be aligned parallel with the shoulders. When the grip then is completed both elbows will be aligned parallel with the shoulders to create an on-line swing path of the clubface.

When the elbows are rotated to a parallel alignment with the shoulders the wrists correspondingly will rotate the clubface to a square alignment, all of which will establish and lock-in a straight-as-an-arrow ball flight alignment.

The MAGNIFICENT GOLF TECHNIQUE™ requires only a single locking of the lifeline/thumb connection which occurs when the lifeline of the right hand is gripped on the left thumb to complete the grip.

### **Disciplines Required to Assemble the Magnificent Golf Technique™**

---

There must not be any clubface rotation allowed during the proceedings except for that caused by pulling the clubface in toward the body as far as possible between the time the left hand and right hand are gripped on a

club. This means there can be no clubface rotation allowed during the time the left and right hands are gripped on the club.

The elbows must be disconnected from the rib cage during the proceedings to assemble the MAGNIFICENT GOLF TECHNIQUE™. If either or both elbows are connected to the rib cage during the proceedings the forearms will rotate the wrists, clubface and elbows to establish a different ball flight alignment at the completion of the procedure.

A most critical discipline is to stabilize the shoulders and knees when the clubface is pulled in toward the body as far as possible between the time the left hand and right hand are gripped on the club.

Although the knees must remain stable during the proceedings, they should remain flexed. That is, the knee joints must not be locked during the procedure.

The butt end of the clubshaft should be positioned at least ten inches from the body when assuming the stance to the ball to allow sufficient distance to pull the clubface in towards the body by at least the length of two clubfaces.

The sole of the clubface must not be raised or lifted upward from the surface when it is pulled toward the body as far as possible. However, it must be allowed to slide on the surface during such time.

Another critical discipline relating to the MAGNIFICENT GOLF TECHNIQUE™ is the lifeline/thumb connection may be locked only once which occurs when the lifeline of the right hand is locked squarely and securely on the left thumb to complete the grip.

If the lifeline/thumb connection is unlocked and relocked thereafter, the forearms will rotate the wrists, clubface and elbows to establish a ball flight alignment different from that of a straight-as-an-arrow one.

You should engage in some meaningful practice sessions when using the MAGNIFICENT GOLF TECHNIQUE™ prior to using it in actual play.

### **Recommended Practice Routines When Using the Magnificent Golf Technique™ in Combination with the Arrow Alignment Technique™**

---

Once the MAGNIFICENT GOLF TECHNIQUE™ has been confirmed as properly assembled by the confirmation test, the sweet spot of clubface then must be centered as near the back of the ball as possible (if not already so centered) and, simultaneously, the shoulders must be aligned squarely parallel with the intended target line at final address, followed by a non-manipulative golf swing.

When aligning the shoulders squarely parallel with the intended target line, you should use the ARROW ALIGNMENT TECHNIQUE™.

You also should locate a safe and relatively flat hitting area as well as follow the steps below during your practice sessions.

**STEP 1:** Tee a golf ball on the surface of your practice area. Identify a very narrow and specific target. Also identify your intended target line.

**STEP 2:** Ground the sole of your clubface either behind your ball or in its near vicinity. Keep it grounded throughout the proceedings, preferably in the middle of your stance.

**STEP 3:** Assemble the MAGNIFICENT GOLF TECHNIQUE™ as instructed in this special report. Remember to pull the sole of your clubface inward toward your body with your left arm and hand by at least the length of two clubfaces after your left hand but before your right hand is gripped on your club. Your shoulders and knees should be stabilized during this maneuver. Complete your grip by locking the lifeline of your right hand firmly on your left thumb.

**STEP 4:** Conduct the SHOULDERS ONLY TEST™. Repeat the steps, if necessary, un-

til the test confirms an established and locked-in straight-as-an-arrow ball flight alignment.

**STEP 5:** Once confirmed, center the sweet spot of your clubface as near the back of your ball as possible (if not already so centered) and assume a comfortable posture and stance to your ball. Align your stance line (toe line) parallel with and, your feet perpendicular to, your target line.

**STEP 6:** Conduct the ARROW ALIGNMENT TECHNIQUE™ by closing your left eye, focusing your right eye on the arrow formed at its inside corner (at the top of your nose) and then turning your head in the direction of your target as far as comfortably possible. Adjust your stance, if necessary, until your alignment arrow points directly at your target when you turn your head and right eye in the direction of your target as far as possible while immobilizing all other parts of your body. **Caution: To ensure your feet and shoulders are aligned parallel, effectively, and your shoulder line and target line also are aligned parallel, both of which are essential to hit your golf ball as straight-as-an-arrow, you must perform the LOCKED-KNEES TECHNIQUE™ as the final step in your setup routine. Once you have completed the ARROW ALIGNMENT TECHNIQUE™ you must do the following: First, observe**

**the precise spot the sole (leading edge) of your clubface is lying beneath the ball while the sweet spot of the clubface is centered as near to the back of the ball as possible, which it should be at this point. Next, lock both knee joints and keep them locked until the completion of this procedure. Then raise your shoulders upward, while continuing to keep your knee joints locked and your arms and wrists remaining passive, until the sole of your clubface is about 4 to 6 inches above the surface. Then while continuing to keep your knee joints locked and your arms and wrists passive, lower your shoulders until the sole (leading edge) of your clubface is almost level with the top of your ball, without touching the ball. If the sole (leading edge) of your clubface is pointing to the precise spot it was lying when the sweet spot of your clubface was centered as near to the back of your ball as possible (at the beginning of the procedure) it will indicate your feet and shoulders are aligned parallel, effectively, and your shoulder line and target line also are aligned parallel, both of which are imperative in order for the clubface to contact the ball squarely at impact. If the sole of your clubface does not point**

**to such precise spot when you lower your shoulders, you must unlock your knee joints and adjust your feet and stance until the sole of your clubface does point to the precise spot it was lying when the sweet spot of the clubface was centered as near to the back of the ball as possible when the LOCKED-KNEES TECHNIQUE™ is performed. Once it points to such precise points, keep your feet planted in place, unlock your knee joints and re-center the sweet spot of your clubface as near to the back of your ball as possible. Do not move your feet thereafter.**

**STEP 7:** Ensure the sweet spot of your clubface has remained centered as near the back of the ball as possible. Then keep your head steady, your feet planted and execute a non-manipulative golf swing.

You should begin each practice session with your most lofted club and then with your next most lofted club in succession thereafter until you have practiced with each club in your set. With each club you should begin with a wrist swing, then with a ½ swing, on to a ¾ swing and conclude with a full swing.

## SUMMARY POINTS

1. The **MAGNIFICENT GOLF TECHNIQUE™** requires the sole of the clubface to be pulled (slid) inward toward the body as far as possible and by at least the length of two clubfaces between the time the left hand and right hand are gripped on a club.
2. The shoulders and knees must be stabilized when the left arm and hand pull the clubface in toward the body as far as possible.
3. The sole of the clubface must be grounded throughout the proceedings to assemble the **MAGNIFICENT GOLF TECHNIQUE™** even though the sole of the clubface will slide on the surface during the time it is pulled in toward the body as far as possible.
4. The left hand must be gripped on the club in a conventional (diagonal) style of grip. There may not be any clubface rotation allowed when the left hand is gripped on the club.
5. When the left arm and hand pull the club in toward the body by at least the length of two clubfaces, the clubface will rotate fully clockwise. In turn, the left elbow will rotate to a parallel alignment with the shoulders.
6. The right hand may be assembled on the club either in the form of an original Vardon overlap, modified Vardon overlap, traditional interlock or regular baseball (ten-fingers) style of grip.

- 7. The grip must be completed by locking the lifeline of the right hand squarely and securely on the left thumb. When the grip is completed, a straight-as-an-arrow ball flight alignment should be established and locked-in.**
- 8. Once the lifeline of the right hand has been locked firmly on the left thumb to complete the grip, the lifeline/thumb connection must not thereafter be unlocked and relocked. If unlocked and relocked thereafter the forearms will rotate the wrists, clubface and elbows to establish a different and less desirable ball flight alignment.**
- 9. The SHOULDERS ONLY TEST™ must be conducted at the completion of the proceedings. The steps to assemble the MAGNIFICENT GOLF TECHNIQUE™ should be repeated, if necessary, until the test confirms it has been assembled correctly and a straight-as-an-arrow ball flight alignment has been established and locked-in.**
- 10. The ARROW ALIGNMENT TECHNIQUE™ should be conducted to align the shoulders squarely parallel with the intended target line when using the MAGNIFICENT GOLF TECHNIQUE™.**
- 11. Once the ARROW ALIGNMENT TECHNIQUE™ is completed and prior to beginning the backswing, the shoulders must be raised until the clubface is at least six inches above the surface. The shoulders then must be lowered until the sweet spot of the clubface is re-centered as near to the back of the ball as possible. This is necessary to re-sync the elbow line parallel to the shoulder line.**

Please visit other Gordon Jackson Websites:

- ✦ [ShapingGolfShots.com](http://ShapingGolfShots.com)
- ✦ [LockedInPutting.com](http://LockedInPutting.com)
- ✦ [JacksonGolfMethod.com](http://JacksonGolfMethod.com)
- ✦ [LockedInGolf.com](http://LockedInGolf.com)